

OUR SPECTRUM OF TEACHERS

Ella Ferland: C.D.T.A., A.D.A.P.T., RYT 500. Ella's greatest joy comes from seeing students achieve their personal best. She is committed to providing a safe and inspiring environment where all students can explore dance, movement, and their own creativity. Ella teaches Jazz, Modern, Musical Theatre & Yoga.

Alison Sherman: R.A.D.RTS, A.D.A.P.T., Acrobatique, C.D.T.A. Alison's warm personality coupled with her attention to technique & detail ensure steady improvement for all her students. Alison teaches ballet, acro & jazz.

Jessica Bruce: A.D.A.P.T. SCD graduate, Jessica is well trained in Tap, Jazz, Musical Theatre, Modern & Ballet. Jessica is under the excellent mentorship- of tap teachers extraordinaire Carol Murphy & Brian Foley. She continues to study & train to help bring high calibre Tap & Jazz to our students. She teaches Tap, Jazz, Hip Hop & Pre-School Dance.

Marissa Jack: is a SCD graduate who has been assisting & teaching dance to pre-schoolers & young children for 5 years. She is mentored by Miss Ella & Miss Alison. Marissa has a natural teaching ability with a warm & inviting personality.

Ellie Higginson: B.Mus., Artist Dip. soprano Eleonora Higginson is thrilled to share the joy and art of singing with the students of SCD. A native of BC's Northwest, Ellie's professional career has included performing in classical, musical theatre, and Opera in Canada and abroad. Ellie anticipates a wonderful year focusing on the vocal development of students of SCD.

Our Student Teachers: Spectrum is dedicated to the well rounded growth of our students. Senior students, many of whom have been training for 10-14 years, & are excellent role models, have the opportunity on occasion to teach at the studio. This 'work experience' is guided by their teachers.



RECREATIONAL & COMPETITIVE PROGRAMS

Spectrum welcomes students who take 1 or 2 classes per week, & who are not interested in competing. These students perform in our big year end performance. Competitive students are those who have a strong commitment to their dance & aim to achieve their personal best. These students have placed dance second to school on their list of priorities. All competitive students must be taking ballet classes.

HIGH SCHOOL CREDITS

Certified dance training can lead to high school credits upon completion of exams.



OUR FACILITY

The Spectrum City Dance Studio facility was built by Ella's husband Francois of New Pac Contracting in 1998. It's the only custom-built dance studio in the Northwest. The dance surfaces are all low impact floating floors that cushion the joints. High ceilings & natural lighting make our building a unique & beautiful place to dance.

DANCE BASIC

Visit Gina at Dance Basic for your dance, yoga & creative needs. We are the only store devoted totally to movement arts in the Northwest, and we pride ourselves on our excellent service. Whether you are looking for a yoga mat, pair of dance shoes or skating tights, make Dance Basic first stop.

845 Fraser Street, Prince Rupert BC V8J 1R1
PH 250-624-6131 FAX 250-624-6136
EMAIL spectrum@citytel.net

SPECTRUM CITY DANCE

Life is better when you DANCE!
following Covid Health Protocols & Regulations

Register now for 2020/21 Classes!
Classes begin Sept 15th

R.A.D. BALLET - JAZZ - ACRO - TUMBLING
TAP - HIP HOP - PRESCHOOL
MUSICAL THEATRE - MODERN - CONTEMPORARY



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www.spectrumcitydance.ca
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OUR MANDATE

Spectrum City Dance exists to provide an excellent dance education to all of our students. We strive to help young dancers achieve their highest potential from ages 3 through Grade 12 & beyond. We nurture harmonious relationships between teachers, students, parents & staff. Each year we create entertaining, inspiring & age appropriate choreography aimed at delighting our audiences and keeping our students excited & interested in dance.



Dance teaches teamwork and self control. It can result in friendships that last forever!

1st Steps

Ages 3 & 4, 1/2 hour class. This class is the Sesame Street of dance classes, geared towards your child's active imagination. Rhythm & dance activities help our young students learn about their bodies & music.

Tumbling Plus

Ages 4 & 5 learn to follow instructions as a group, along with flexibility, dance & tumbling skills. This is a two part class for 1 hour.

2nd Steps

Ages 4 & 5, a 45 minute class. The emphasis is on fun & learning in this class as we continue to explore dance in a warm & supportive atmosphere. Rhythm & body awareness are developed.

Pre-Ballet

Ages 5 to 7. In this class, our young students are gently introduced to the beauty & grace of classical dance & music.

Pre-Jazz

Ages 5 to 7. An energetic & entertaining introduction to the joy of jazz.

Pre-Tap

Students must be Kindergarten age to attend this class. 45 min instruction to learn what rhythm & sound are all about. Our young new tappers will enjoy learning to drum with their feet!

R.A.D. Ballet

Ages 7 & up. We follow the Royal Academy of Dance (R.A.D.) syllabus. Students are placed in the correct class according to age & level of ability.

Pointe

Extensive training and practice at the Intermediate and Senior ballet level creates strength and technique required for pointe work. Dancing en pointe is the pinnacle of ballet training.

Tap

Ages 7 & up. Tap is making music with your feet. It increases rhythm & musicality. Students are placed in classes according to age & level of ability. Lots of fun in these classes.

Jazz

Ages 7 & up. This vibrant & fast paced dance form has a strong technical base at Spectrum. Music & movement are always age appropriate. Jazz increases speed of response, flexibility & music appreciation.

Musical Theatre

Beauty & The Beast, Mama Mia, The Lion King, The Little Mermaid...Ages 8 & up. A class incorporating singing, dancing & acting. Express yourself!

Contemporary

These dance forms give you a safe, full body workout based on contraction & release with suspension & fall principles. We also explore improvisation & creating dance phrases.

Recreational Acrobatics

Acro classes geared towards providing more flexibility, knowledge & experience for our beginner and non competitive students.

Competitive Acrobatics

An intermediate level conditioning class for enhancing competition level acrobatics tricks. Must have a good base experience & be enrolled in Ballet classes. Ages 8 & up.

Hip Hop

Hip Hop is a high energy popular class. All of the basic dance skills like keeping rhythm, following choreography & developing body control, as well as performance skills are taught. Class size is limited and fills up fast. These classes are geared to beginners and junior/inter competitive level dancers.